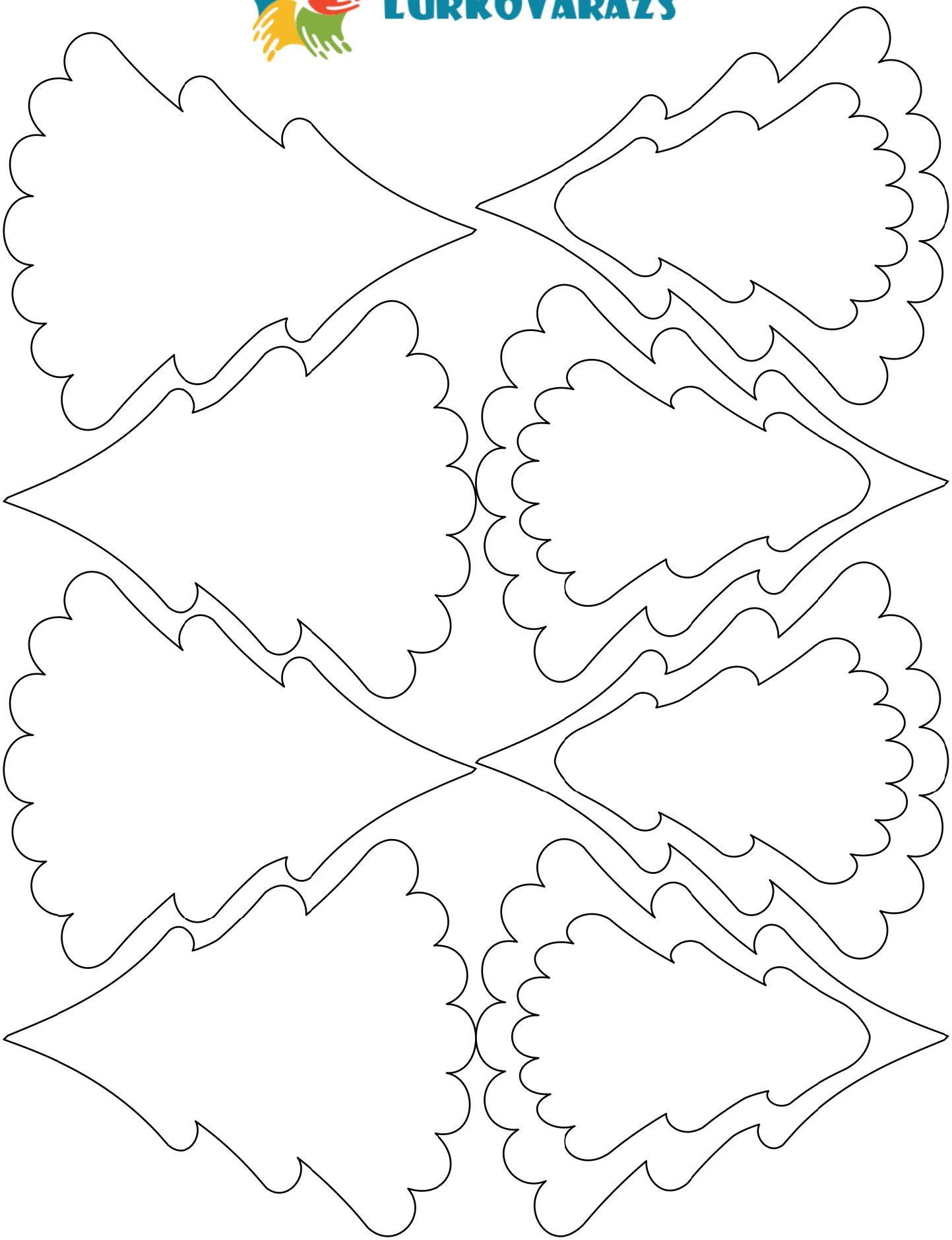LÚRKÓVARÁZS